



# NORTHERNER



the Nottingham Northern Swimming Club Newsletter  
(Founded 1908)

Affiliated to ASA East Midlands Region

**Editor: Sarah Kay**

**Issue 91**

**July 2010**

How fantastic was the Northern Open! So many Northern swimmers, so many PBs and so many of our swimmers in the finals> It was a brilliant day and a great end to the season.

Clare Soar, our Club President says:  
"The Northern Open was a great success- this was due to the many people who supported us and to all the fantastic parents and helpers who gave their time freely. Many were there from 8am to 8pm.

A special thank you to David Anderson and Joanne Smith who worked tirelessly for many months prior to the Open to make everything possible.

Thanks too to Charlotte Anderson created a scrummy buffet for all the helpers/officials/coaches.

And a big thank you to the officials from many other clubs who gave their time to Northern. Thank you to you all.

Then on the day the swimmers! I think this is probably my 9<sup>th</sup> or 10<sup>th</sup> and I have never seen so many Northern swimmers enter. The PBs were many. I also have never shaken hands with so many Northern finalists, well done. Matthew Anderson has to be congratulated. Matthew won 4 races and came second in one, t his meant he missed being top boy by only one point.

Well done to Sharon and all the coaches for training the swimmers and for making this possible

Congratulations and thank you to you all"

## **The Finalist from Northern were**

100m IM 1st in age group Matthew Anderson

100m IM in age group 5th Alice Venkatesan

100m IM in age group 6th Hannah Hodkinson

3rd 50m breast Alice Venkatensan

6th 50m breast Ella Kay

1st 50m breast Matthew Anderson

2nd 50m breast Timothy Venkatesan

1st 50m breast Emily Venkatesan

6th 50m breast Megan Smith

3rd 50m back Hannah Hodkinson

4th 50m back Ella Kay

6th 50m back Alice Venkatesan

1st 50m back Matthew Anderson

6th 50m back Timothy Venkatesan

2nd 50m free Matthew Anderson

5th 50m free Alice Venkatesan

6th 50m free Timothy Venkatesan

1st 50m butterfly Matthew Anderson

2nd 50m butterfly Alice Venkatesan

5th 50m butterfly Hannah Hodkinson

6th 50m butterfly Timothy Venkatesan

## **News and Views from the Club**

### **Membership Secretary**

Northern is in need of volunteer to coordinate the membership of the Club. If you have a talent for updating data bases please don't be shy - let us know - we need YOU.

### **Welcome to our new member**

Grace Phillips

## Swimmers of the Month

### May

Small pool Daniella Houldsworth  
Diving tank Sian Langham  
Diving tank Lauren Gibbons  
Main pool Sally Durcan

### June

Small pool Hiba Shahid  
Diving tank Gemma Haliday  
End lane Molly Round  
Main pool Zara Mackay

Congratulations to  
Jasmine Mackay  
Oliver Mackay  
Emily Urquhart  
for passing their competitive starts

## 100 Club Winners

### June

1<sup>st</sup> NNSC  
2<sup>nd</sup> NNSC  
3<sup>rd</sup> Lorraine Round

### July

1<sup>st</sup> Rachel Abbott  
2<sup>nd</sup> NNSC  
3<sup>rd</sup> Denise Green

Michelle would like to hand over the running of the 100 Club to another parent. So if you feel you could help the Club by running the 100 Club and raising much needed funds for the Club please let Michelle or one off the Committee members know. A very big thank you to Michelle for all that you have done with this fund raising scheme - it is very much appreciated.

## Club Champs

Looking forward to Club Champs, which will run from 1 November (for more details see next Newsletter or keep a look out on the website). As the Committee has decided to introduce some new races including 800m front crawl and 400m individual medley we are in need of 6 new trophies. If you would like to donate a trophy for these events to be presented to the male and female winners at the Presentation Evening in November races please see Clare Soar.-

## Club Shop

To purchase swimming equipment please email Rachel Beeton on

[raychey\\_05@hotmail.co.uk](mailto:raychey_05@hotmail.co.uk)

The Committee are looking for someone to take over the running of the Club Shop as Rachel would like to hand it over. Please don't be shy - do volunteer your services. Thank you Rachel for all the time and energy you have given to get the shop running so efficiently.

## Coach's Corner

### Galas

We had a great time at the first round of the Development League at Bramcote with a lot of swimmers representing Northern for the first time.

Unfortunately we could not raise a team to go to the Sutton Gala on the 12<sup>th</sup> of June

Again we were low on swimmers for the second round of the Development League Gala on 3<sup>rd</sup> of July at Mansfield so we missed out on 16 races

We came 12<sup>th</sup> in the league.

### Nottingham Northern Open Meet

What a Fantastic day! The Club entered 32 swimmers who achieved 73 PBs. 18 times we had swimmers in finals and 21 trophies were won by Northern swimmers.

Our swimmers were on their best behaviour. Well done to all of them!

## Personal Bests

### DEVELOPMENT LEAGUE (R1) AT Bramcote 5.6.10

| Name                | Stroke/distance | Time  |
|---------------------|-----------------|-------|
| Oliver Mackay       | 25m back        | 21.13 |
| Hayden Houldsworth  | 25m back        | 27.75 |
| Emily Urquhart      | 25m back        | 26.29 |
| Luke Exton          | 50m breast      | 58.72 |
| Cerys Evison-Varley | 50m breast      | 47.08 |
| Sophie Monaghan     | 50m breast      | 51.41 |
| Mikhail Razaq       | 25m fly         | 25.67 |
| Daisy Williams      | 25m fly         | 17.87 |
| Keelan Burch        | 25m back        | 19.52 |
| Luke Exton          | 25m back        | 23.97 |
| Jordan Wilden       | 25m back        | 19.05 |

|                     |            |       |
|---------------------|------------|-------|
| Sophie Monaghan     | 25m back   | 23.97 |
| Megan Smith         | 50m free   | 43.52 |
| Mikhail Razaq       | 50m breast | 56.88 |
| Charlie Homer       | 50m breast | 47.11 |
| Daisy Williams      | 50m breast | 48.25 |
| Jorden Wilden       | 50m free   | 37.50 |
| Megan Smith         | 25m fly    | 24.31 |
| Emily Urquhart      | 25m fly    | 26.88 |
| Mikhail Razaq       | 25m back   | 25.10 |
| Daniel Fritz        | 25m fly    | 21.19 |
| Thomas Judson       | 25m fly    | 22.29 |
| Cerys Evison-Varley | 25m fly    | 18.05 |
| Jorden Wilden       | 25m fly    | 17.86 |

|                    |            |         |
|--------------------|------------|---------|
| Matthew Anderson   | 50m breast | 43.94   |
| Daisy Williams     | 50m fly    | 40.31   |
| Timothy Venkatesan | 50m fly    | 36.66   |
| Megan Smith        | 50m free   | 41.86   |
| Emily Urquhart     | 50m free   | 50.92   |
| Katie Durcan       | 50m free   | 39.83   |
| Jorden Wilden      | 50m back   | 43.08   |
| Kayla Campbell     | 50m back   | 57.39   |
| Hannah Hodkinson   | 50m back   | 36.08   |
| Alice Venkatesan   | 50m back   | 37.10   |
| Lauren Hammond     | 50m back   | 45.06   |
| Bethan Manktelow   | 50m back   | 46.63   |
| Matthew Anderson   | 50m back   | 36.46   |
| Sarah Allen        | 50m back   | 48.63   |
| Timothy Venkatesan | 50m breast | 36.93   |
| Megan Smith        | 100m IM    | 1.47.53 |
| Charlotte Alvey    | 100m IM    | 2.04.08 |
| Emily Urquhart     | 100m IM    | 2.04.81 |
| Emily Venkatesan   | 100m IM    | 1.34.32 |
| Katie Durcan       | 100m IM    | 1.41.85 |
| Kayla Campbell     | 100m IM    | 1.52.05 |
| Alice Venkatesan   | 100m IM    | 1.19.99 |
| Hannah Hodkinson   | 100m IM    | 1.21.00 |
| Lauren Hammond     | 100m IM    | 1.35.28 |
| Bethan Manktelow   | 100m IM    | 1.39.79 |
| Daisy Williams     | 100m IM    | 1.32.31 |
| Sally Jane Durcan  | 100m IM    | 1.36.98 |
| Jasmine Mackay     | 50m fly    | 54.40   |
| Emily Venkatesan   | 50m fly    | 43.30   |
| Matthew Anderson   | 50m free   | 31.42   |
| Alice Venkatesan   | 50m free   | 32.27   |

**NORTHERN OPEN MEET Beechdale  
27.6.10**

| Name               | Stroke/distance | Time    |
|--------------------|-----------------|---------|
| Matthew Anderson   | 100m IM         | 1.20.08 |
| Hayden Houldsworth | 100m IM         | 2.02.01 |
| Daniel Fritz       | 100m IM         | 1.50.69 |
| Mikhail Razaq      | 100m IM         | 2.00.66 |
| Timothy Venkatesan | 100m IM         | 1.18.51 |
| Benjamin Hammond   | 100m IM         | 1.19.89 |
| Charlotte Alvey    | 50m back        | 52.52   |
| Megan Smith        | 50m back        | 52.92   |
| Emily Urquhart     | 50m back        | 57.09   |
| Emily Venkatesan   | 50m back        | 46.40   |
| Alice Venkatesan   | 50m breast      | 39.95   |
| Ella Kay           | 50m breast      | 42.27   |
| Hannah Hodkinson   | 50m breast      | 43.01   |
| Kayla Campbell     | 50m breast      | 50.75   |
| Lauren Hammond     | 50m breast      | 47.20   |
| Bethan Manktelow   | 50m breast      | 48.88   |

|                  |            |       |
|------------------|------------|-------|
| Hannah Hodkinson | 50m free   | 32.62 |
| Bethan Manktelow | 50m free   | 40.66 |
| Benjamin Hammond | 50m back   | 38.53 |
| Zara Mackay      | 50m back   | 41.63 |
| Sally Durcan     | 50m back   | 46.06 |
| Lydia Green      | 50m back   | 46.06 |
| Emma Malpass     | 50m back   | 51.91 |
| Megan Smith      | 50m breast | 53.06 |
| Emily Urquhart   | 50m breast | 56.16 |
| Jasmine Mackay   | 50m breast | 56.45 |
| Emily Venkatesan | 50m breast | 45.81 |
| Matthew Anderson | 50m fly    | 35.63 |
| Daniel Fritz     | 50m fly    | 52.83 |
| Jordan Wilden    | 50m fly    | 41.25 |
| Alice Venkatesan | 50m fly    | 34.41 |
| Ella Kay         | 50m fly    | 38.94 |
| Bethan Manktelow | 50m fly    | 50.81 |
| Zara Mackay      | 50m free   | 36.60 |
| Sarah Allen      | 50m free   | 39.69 |
| Emma Malpass     | 50m free   | 40.41 |
| FINALS           |            |       |
| Alice Venkatesan | 50m breast | 39.94 |
| Matthew Anderson | 50m breast | 43.00 |
| Matthew Anderson | 50m back   | 35.94 |
| Matthew Anderson | 50m free   | 31.23 |
| Emily Venkatesan | 50m breast | 44.25 |
| Matthew Anderson | 50m fly    | 35.41 |

## DEVELOPMENT LEAGUE (R2) MANSFIELD 4.7.10

| Name               | Stroke/distance | Time  |
|--------------------|-----------------|-------|
| Hayden Houldsworth | 25m breast      | 29.23 |
| Oscar Ridley       | 25m breast      | 30.50 |
| Emily Urquhart     | 25m breast      | 25.02 |
| Daniel Fritz       | 50m back        | 48.91 |
| Edward Ridley      | 50m back        | 51.81 |
| Mikhail Razaq      | 25m free        | 17.87 |
| Connor Mckay       | 25m breast      | 25.90 |
| Sophie Managhan    | 25m breast      | 23.99 |
| Hayden Houldsworth | 25m fly         | 25.27 |
| Oscar Ridley       | 25m fly         | 28.95 |
| Mikhail Razaq      | 50m back        | 54.39 |
| Thomas Judson      | 50m fly         | 50.33 |
| Sophie Managhan    | 50m fly         | 57.17 |
| Oscar Ridley       | 25m free        | 19.38 |
| Hayden Houldsworth | 25m free        | 20.70 |
| Emily Urquhart     | 25m free        | 21.96 |
| Mikhail Razaq      | 25m breast      | 25.49 |
| Sally Durcan       | 25m breast      | 25.44 |
| Daisy Williams     | 25m breast      | 22.89 |
| Edward Ridley      | 25m free        | 19.70 |
| Connor Mckay       | 25m free        | 19.36 |
| Oscar Ridley       | 50m back        | 52.31 |
| Emily Urquhart     | 50m back        | 54.85 |

### Dates for Your Diary

No swimming on Sunday 18<sup>th</sup> July as Beechdale is being used for a gala.

Friday 30<sup>th</sup> of July: last swim of the term

Swimming starts again on Friday 3.9.10

NNSC Picnic Sunday 1.8.10 at 1pm . Come along to Wollaton Park with your picnic and join us for a munch and a game of Rounders.

There will be no swimming on a Thursdays on the following dates

7.10.10

25.11.10

9.12.10

Presentation Evening is on 27.11.10

Next newsletter September 2010